



FIND YOUR PURPOSE WORKSHEET





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From the time I was a little kid I always remember asking myself, "What am I going to be when I grow up?" or "What is my purpose in life?". I've asked myself these questions countless times over the years, hoping to get an answer right away.

Finding the answers to these questions didn't happen for me right away. In fact, it took almost 30 years of my life to find my purpose here in this world. Unfortunately, I've found that I'm not the only one who has struggled with finding my purpose in life. Many people spend their whole lives wondering what they are meant to do with their time here on earth. If you're still searching to find your purpose in life, this **"FIND YOUR PURPOSE WORKSHEET"** will give guidance and direction to help identify your purpose.

DIRECTIONS:

1. Print out the pages to the worksheet.
2. Go through and answer each of the questions.
3. Some people have more than one answer to each question, so there is space for three answers per question. If you can't think of 3 answers, don't worry. One answer per question is perfectly fine as well.
4. Once you have answered all the questions take time to go back over your answers to see any common themes among theme.
5. Review and reflect on your answers to identify your talents, skills, and passions to help you identify your purpose in life.
6. Have fun!

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1. WHEN I WAS 8 YEARS OLD I LOVED...

1

2

3

2. I LOSE TRACK OF TIME WHEN I AM...

1

2

3

3. IF I KNEW I COULDN'T FAIL I WOULD...

1

2

3

4. I FEEL GREAT ABOUT MYSELF WHEN I'M...

1

2

3

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5. IF MONEY WASN'T AN ISSUE I WOULD LOVE TO SPEND MY TIME...

1

2

3

6. I'M A ROCKSTAR AT...

1

2

3

7. THREE THINGS I LOVE ABOUT MYSELF ARE...

1

2

3

8. IF I WEREN'T AFRAID OF WHAT OTHER PEOPLE THOUGHT I WOULD...

1

2

3

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9. MY FAVORITE THINGS TO DO IN MY FREE TIME ARE...

1

2

3

10. IF I KNEW I WAS GOING TO DIE ONE YEAR FROM TODAY I WOULD...

1

2

3

11. THREE PEOPLE WHO INSPIRE ME THE MOST ARE...

1

2

3

12. I WOULD REGRET NOT DOING THESE THINGS IN MY LIFE...

1

2

3



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Go back and review all of your answers. Take 10 to 20 minutes and think about each of your answers in depth. Ask yourself how you feel when you read your answers. Note which ones move you, and which ones make you feel alive.

Now, write as many answers to the final question as you can until you feel moved, extreme joy, or are even brought to tears. Once you do this you will know your purpose. If you need more space to write feel free to print another sheet, or write on the back of the page.

13. MY LIFE'S PURPOSE IS...

1

2

3

4

5

6

7

8

9

10



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It's important to realize that God made you the way you are. He gave you your skills, talents, thoughts, ideas, and abilities, which are different from everyone around you. That combination is unique to you and only you. **You are one of a kind!**

Ultimately, I believe our purpose is to use our gifts and talents to have a positive influence on people around us and to make the world a better place. Use your talents and gifts to start something that matters, has meaning to you, and the rest of the world.

You can make a difference and have a huge impact on the world. Whether you are amazing at drawing, teaching, accounting, cooking, building, photography, organizing, dancing, web design, singing, writing, managing, etc., you can use your skills and talents to help make a difference and help those around you and make the world a better place.

I hope the **"FIND YOUR PURPOSE WORKSHEET"** helps you identify your talents, skills, and your true purpose in life. If you found this content to be useful please let me know. I'd love to hear your feedback.

Thanks for subscribing!

Brad Johns

**"OUR PRIME PURPOSE IN THIS LIFE IS TO HELP OTHERS.
AND IF YOU CAN'T HELP THEM, AT LEAST DON'T HURT THEM."
-DALAI LAMA**